



## Embrace of the Daimon: Healing Through the Subtle Energy Body Jungian Psychology the Dark Feminine

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By Sandra Lee Dennis

LC Enterprises. Paperback. Book Condition: New. Paperback. 266 pages. Dimensions: 8.5in. x 5.5in. x 0.8in. Perhaps everything that frightens us is, in its deepest essence, something helpless that wants our love. - Rainer Maria Rilke Have you wrestled with uncanny, nightmarish imagery in dreams or waking and wondered if you were becoming unhinged one day, and enlightened the next Life crises, trauma, deep meditation, prayer or inquiry can unleash surprisingly compelling yet scary, even revolting imagery and related feelings we have few maps to help navigate. Bringing a spiritual context to what most disturbs us, Sandra Dennis explores an eruption of strange and wild, compelling and repellent characters that she calls daimons from the unconscious that precipitated a descent into the dark recesses of her own psyche. The Greeks understood the daimon as the intermediary between gods and humans, the guardian spirit assigned at birth, connecting heaven and earth. These messengers come as agents of radical change. When we welcome them with understanding and compassion, they show they are here to expand consciousness and connect us with the healing qualities our world is waiting for. This book leads us to this growing edge of the psyche and invites our curiosity and caring....



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