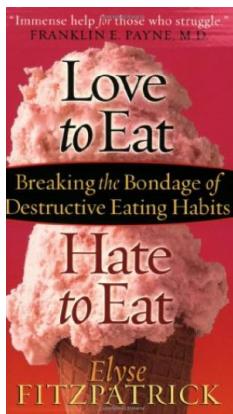


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LOVE TO EAT, HATE TO EAT: BREAKING THE BONDAGE OF DESTRUCTIVE EATING HABITS



Harvest House Publishers, U.S. Paperback. Book Condition: new. BRAND NEW, Love to Eat, Hate to Eat: Breaking the Bondage of Destructive Eating Habits, Elyse Fitzpatrick, More than 80 percent of all Americans have been on a diet at some point in their lives. Low fat, low carb, high protein - you name it - they've tried it. Isn't there a better way to break the cycle in the battle of the bulge? After years of futile dieting, readers know there's more...

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