



## The Vegetarian Myth: Food, Justice, and Sustainability

By Lierre Keith

PM Press. Paperback. Book Condition: New. Paperback. 320 pages. Dimensions: 8.9in. x 6.0in. x 0.9in. Part memoir, nutritional primer, and political manifesto, this controversial examination exposes the destructive history of agriculture causing the devastation of prairies and forests, driving countless species extinct, altering the climate, and destroying the topsoil and asserts that, in order to save the planet, food must come from within living communities. In order for this to happen, the argument champions eating locally and sustainably and encourages those with the resources to grow their own food. Further examining the question of what to eat from the perspective of both human and environmental health, the account goes beyond health choices and discusses potential moral issues from eating or not eating animals. Through the deeply personal narrative of someone who practiced veganism for 20 years, this unique exploration also discusses alternatives to industrial farming, reveals the risks of a vegan diet, and explains why animals belong on ecologically sound farms. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



[DOWNLOAD PDF](#)



[READ ONLINE](#)

[ 8.59 MB ]

### Reviews

*This publication is great. I have study and that i am sure that i will planning to read once more again in the foreseeable future. You will like how the article writer write this publication.*

-- Dr. Uriel Kovacek

*This created ebook is great. it was written very properly and useful. Its been printed in an exceedingly easy way in fact it is just right after i finished reading this pdf where basically modified me, alter the way i think.*

-- Aglae Becker