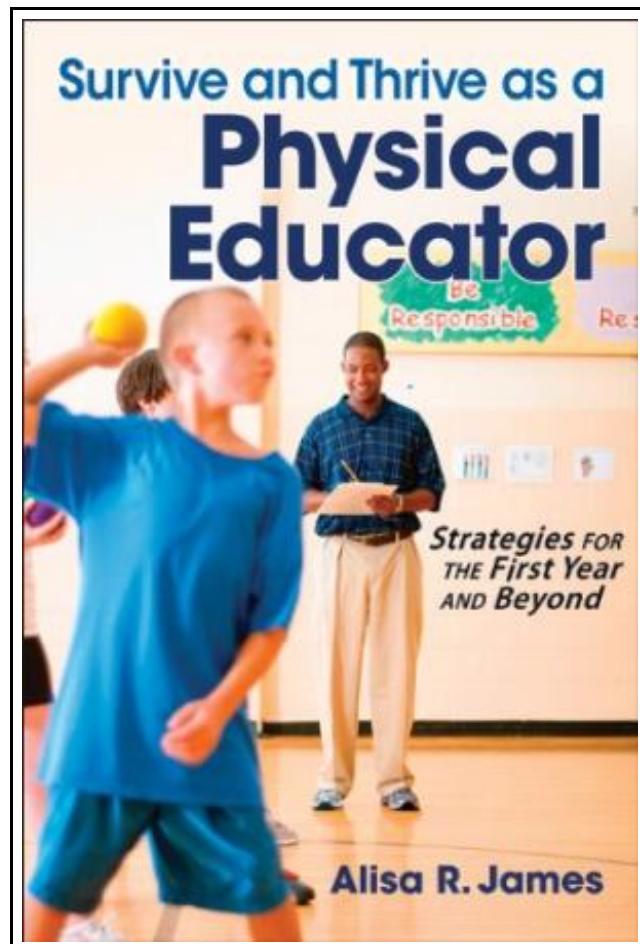


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Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, Survive and Thrive as a Physical Educator: Strategies for the First Year and Beyond, Alisa R James, Stay energized and organized throughout your school year! "Survive and Thrive as a Physical Educator: Strategies for the First Year and Beyond" will help you face the unique challenges of teaching and support your development as a physical educator. Practical and reader friendly, "Survive and Thrive as a Physical Educator" is filled with the most current information plus examples based on the author's experiences as both a K-12 teacher and a college instructor who prepares future teachers. You'll also find a wealth of information on handling day-to-day issues, such as adapting to the work environment, understanding the school culture, communicating with parents, and behavior management. In addition, sample letters and forms included in the book, such as a typical letter to parents, unit plan, and PE contract, offer models to use in creating your own. Two appendixes provide quick access to suggested teacher resources and FAQs, such as how to prepare for a substitute teacher and concerns about the tenure process. "Survive and Thrive as a Physical Educator" offers strategies to help you - get your gymnasium, your equipment, and yourself organized to begin the school year; - prepare your lessons and unit plans and deliver effective instruction for all students; - evaluate students' progress; - establish rules and routines to promote good behavior and appropriate consequences for misbehavior; - employ a range of motivational techniques to encourage participation in your class; - develop positive relationships and effective communication with parents and guardians; - understand and navigate your workplace culture; and - avoid burnout and find opportunities for professional growth. This practical guide will help you sharpen your teaching skills, enjoy your work with...

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